

Run4Kids

GET KIDS FIT FOR LIFE!



50%
OF YOUR
DONATIONS
GO TO YOUR
SCHOOL!

**Take part in the UK's biggest
schools running event!**

IN AID OF

Get Kids *Going!*

Sport & Mobility for Disabled Children

Regd. Charity No. 1063471

PLEASE HELP DISABLED CHILDREN PLAY SPORT

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How it Works!

How Your School Benefits How Get Kids Going! Benefits

50% of all donations kindly raised by your school from your Run4Kids event is kept by your school to spend on whatever you like... it's up to you! So, the more you raise the more you receive!

The other 50% of what you raise is sent to and donated, by your school, to Get Kids Going! to help provide, much needed, sports wheelchairs and sports grants for disabled children and young people so they too can participate in all kinds of different sports!

How To Take Part... It's Easy!

Just fill-in the Registration Form opposite and send it back to Get Kids Going! by scan/email, fax or post. Or you can register on-line at www.getkidsgoing.com or ring us on 0207 481 8110. There's no registration fee.

Choose a day when you would like to hold your Run4Kids event. It can be any day you like, eg: your school sports day or more than one day throughout your school year. Try to involve everyone as the whole idea is to help get kids fit and support disabled children and young people by providing them with sports wheelchairs etc.



How to organise your Run4Kids Event:

Distance

You decide on the type of run you want to hold. It can be any distance - eg. just a run around the playground, a relay race, fun run, half mile run, one or two mile run or longer or even a cross country event. It's entirely up to you.

Where to hold your Run

Again... it's up to you and your school. It could be in the playground, local park, sports hall, running track, football pitch, sports field or even around the grounds of your school.

What date to hold your Run

The day and date is up to you... any day will do! Think of a date which fits in well with your school's curriculum or calendar of events. You may decide to hold your Run4Kids in conjunction with another school event - eg your sports day or a fun day. You might even think a fancy dress run is a good idea! The date is entirely up to you.

Who can take part

We're wanting everyone to get involved... it's a great way to get kids fit, active and have fun! You are also supporting the many disabled children at Get Kids Going! who desperately need a sports wheelchair and a sports grant so they too can participate in sports such as; wheelchair racing, tennis, rugby, basketball, archery and many more. We desperately need your help to turn their dreams into reality.

Choose a Team to help you organise your Run

Ask your colleagues and pupils to help you. Get a good team around you to help organise your Run4Kids, promote your event and help you on the day. It's a good idea to give each member of staff or pupil specific tasks. Teamwork is the key.

How to sign up and register your Run

There are three easy ways:

1. Just fill-in the Registration Form opposite and send it back to Get Kids Going! by scan/email, fax or post.
2. You can sign up on-line at www.getkidsgoing.com.
3. You can sign up by phone on 0207 481 8110.

When you have Registered we will send you your Run4Kids Event Pack which includes: Posters, Sponsor Forms, Certificates of Achievement for each participant and a Certificate of Thanks for your school. If you need more posters etc you can download everything from the Get Kids Going! website at www.getkidsgoing.com or give us a ring at Get Kids Going! on 0207 481 8110 and we'll send you whatever you need. It's no problem.

PS...Important - Please read the back of this leaflet for help on How To Fundraise and make the most of your Run4Kids event.

Register on-line at www.getkidsgoing.com

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REGISTRATION FORM

To take part please complete all sections below. Thank you.

School Name: _____

School Address: _____

Post code: _____

Organiser's Name: _____

School Tel: _____ Organiser's Mobile: _____

Email: _____

School Website: _____

Number of Participants: _____ Number of Posters (A4 size): _____

Number of Certificates of Achievement: _____ Number of Sponsor Forms: _____

We plan to hold our **Run4Kids Event** on: _____
(Please state day and date)

We aim to raise a total of £ _____

Please either: scan/email or post this Registration Form to:

Jane Emmerson
Get Kids Going! - Run4Kids
4 Chandlery House, 40 Gowers Walk,
London, E1 8BH
Tel: 020 7481 8110
Email: info@getkidsgoing.com

or Register on-line at www.getkidsgoing.com



Get Kids Going!

Sport & Mobility for Disabled Children

PRESIDENT
David Weir CBE MBE
Regd. Charity No. 1063471

When we receive your registration form we'll be pleased to send you your Run4Kids Event Pack

Thank you

Run4Kids who can't. Help us provide sport and mobility equipment for disabled children and young people.

How to Fundraise:

Fundraise Online - its easy! with virginmoneygiving.com

On-line fundraising is an easy and fantastic way of raising funds for your school and Get Kids Going! It enables everyone to donate to your event and takes all the hard work out of fundraising. All you have to do is set up a 'schools page' in the name of your school at www.virginmoneygiving.com. Everyone can then go online to your page and donate. This includes all pupils, parents, friends, families and staff.

Fundraise Offline

We will be pleased to send you as many sponsor forms as you need for everyone taking part. Remember, everyone can take part even staff and parents... the more the merrier! Just let us know how many sponsor forms you need and we will send them to you or you can download all your sponsor forms and more from the Run4Kids website at www.getkidsgoing.com. Please send all your sponsor forms to Get Kids Going! so we can apply for any Gift Aid. Thank you.

Free Run4Kids School Event Pack

As soon as you have sent your Run4Kids Registration Form back to us or when you have registered your event online at www.getkidsgoing.com we will be pleased to send you your Run4Kids Event Pack. Your pack includes; posters to advertise your event, sponsor forms, information on Get Kids Going! and a Certificate of Achievement for every participant and more if you need it!

Once you have completed your Run4Kids and sent us half of your kind donations we will be pleased to send you a Certificate of Thanks from David Weir CBE MBE - winner of four gold medals at the London 2012 Paralympic Games and President of Get Kids Going!

How to send us your donations

When you have completed your Run4Kids please collect in all your donations.

You could ask each class to collect their own donations and then put them all together in one total. When you have collected everything then just split the total raised and send half the amount raised to Get Kids Going! by cheque in the post (please make your cheque payable to Get Kids Going!) with a letter or compliment slip from your School so we know who its from.

If you have set up a Virgin Money Giving Page to collect your donations then just send a copy of your page to us with a note to tell us you have completed your run and collected in all your donations. We will then send you a cheque, payable to your school, for half of the donations you have kindly raised.

You can also pay your donations directly to us by giving us a call or send us an email and we'll give you the Get Kids Going! bank details or you can give your donation directly over the phone by debit or credit card. You can also give your donation by cheque. Please make all cheques out to Get Kids Going!

If you need any help please contact Get Kids Going! on Email - info@getkidsgoing.com or Tel; 0207 481 8110. You are always welcome.

About Get Kids Going!

Get Kids Going! is a national charity which gives disabled children and young people - up to the age of 26 yrs - the wonderful opportunity of participating in sport. We provide them with specially built sports' wheelchairs so they can do: athletics, marathons, tennis, skiing, rugby, sailing, boccia, basketball, sledge hockey, table tennis, fencing, shooting, archery, powerlifting and many more sports. Get Kids Going! inspires British disabled youngsters to compete in sporting events, from start to paralympic level, by also giving them sports grants to help with their; training, physiotherapy, travel, competition fees, design and development of sports' wheelchairs etc. With your help many can become world record holders and paralympic champions!

Sadly, we are aware of cuts in funding for such wonderful youngsters by the government and other sources, and so many of our youngsters are forced to rely on friends and family for financial help. This causes enormous burdens on many, already cash strapped, families and a constant worry as the cost of participating in their favourite sport is forever increasing.

There are hundreds of talented disabled youngsters who have the potential to take part in events all over the world including the including the summer and winter paralympic games, commonwealth games, world and national championships but receive either none or very little funding and are desperate to achieve their life-long dreams. With your help, together we can turn their dreams into reality and help make them sporting heroes!

Not only does Get Kids Going! focus on helping disabled young athletes but it also helps to provide manual wheelchairs for children to use every day. We believe that all disabled children should receive the right equipment. We support children with all disabilities and from all backgrounds. We take pride in ensuring that any equipment which is out grown is recycled to other children, so our supporters' valuable donations are never wasted. Many people who support Get Kids Going! feel a marvellous sense of achievement and satisfaction. They see that even the smallest donation makes an amazing difference to a disabled child's life. Get Kids Going! gives disabled youngsters the chance of a life time, freedom, and many wonderful opportunities that you and I just take for granted.

Opportunities they may never have without you and the help of Get Kids Going! No other charity in Britain focuses on helping disabled children and young people with sport in the same way.

The cost of a bespoke sports wheelchair is £4,000. A lightweight manual wheelchair is £2,500. All are designed individually, and perform just like a Formula 1 Racing Car!

**Please help disabled children play sport
by signing up to 'Run4Kids' right now!
Thank you.**

PLEASE HELP DISABLED CHILDREN PLAY SPORT